Patient Instructions

1. Bring this prescription form with you on the day of the exam.
2. Dress in loose, comfortable two-piece clothing if possible. No belts, buckles or zippers.
3. For scheduled appointments arrive 30 minutes prior to your examination time.
4. If required, obtain pre-authorization from your insurance company to avoid unexpected costs, delays and cancellations.
5. Have your insurance card, prescription for the examination and proof of pre-authorization (if applicable) with you when you arrive.
6. Routine exams (No Appointment needed), can be done at the OUTPATIENT RADIOLOGY DEPARTMENT (Located at 24411 Health Center Drive, Suite 101, Laguna Hills, CA) Monday-Friday 7:30am – 4:30pm

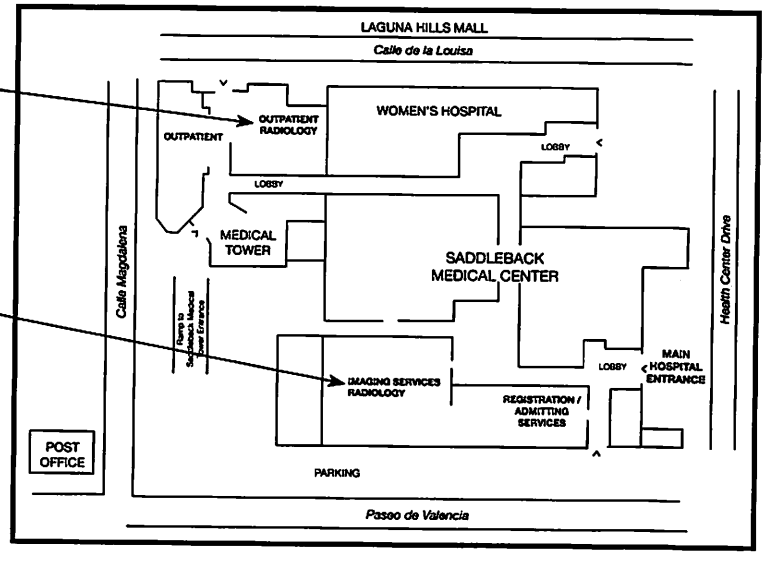
Study Instructions and Preparations	
Radiographic Studies:	
IVP (Intravenous Pyelograms) and Barium Enemas	Prep Kit available in Radiology or instruction will be provided. You are allowed to have two 8 ounce glasses of water or juice prior to your procedure. You may take your morning medications (unless it must be taken with solid food).
Hysterosalpingogram	Must be done within 10 days of the first day of your last period. You cannot be bleeding at the time of this exam, if you are, call the Radiology Department at 949-452-3573.
UGI (Upper Gastrointestinal) Small Bowel Series Esophagram	Nothing to eat or drink 8 hours prior to your examination—this includes gum, medications, breath mints. If your exam includes a Small Bowel Series, please bring something to read, you will be in our department anywhere from 1 hour to 4 hours.
CT Scans Studies:	
Urogram	Drink 32 ounces of water 1 hour prior to your appointment.
Abdomen, Pelvis, Pancreas, Liver	If oral contrast was ordered, pick this up in the Radiology Department at least one day prior to your scan. If you did not pick it up, please come to your appointment 1.5 hours early to drink this contrast. YOU MAY DRINK FLUIDS ALL THE WAY UP TO YOUR APPOINTMENT TIME.
Studies that require IV contrast.	If you are having intravenous contrast, DO NOT have SOLID food for 3 hours prior to your exam. YOU MAY DRINK FLUIDS ALL THE WAY UP TO YOUR APPOINTMENT TIME.
Ultrasound Studies:	
Abdomen	Nothing to eat or drink for 8 hours prior to your scheduled appointment.
Pelvic OB	You need a full bladder for this exam. Drink 32 ounces of clear liquids one hour prior to your appointment time. DO NOT EMPTY YOUR BLADDER.
Sonohysterogram	Sonohysterograms MUST be scheduled within 10 days of the start of your last period.
Renal	Drink two 8 ounce glasses of water 30 minutes prior to your exam
Nuclear Medicine Exams:	
HIDA, Cisternogram	Nothing to eat or drink 8 hours prior to your examination.
Myocardial studies	Nothing to eat or drink 2 hours prior to your examination
Bone Scan Gastric Emptying	Drink Plenty of fluids for 24 hours prior to your examination. Nothing to eat or drink 4 hours prior to your examination.
PET/CT	Do not eat anything 6 hours before your appointment. If you are diabetic, fast for 4 hours only. Drink 24 - 32 ounces of water prior to appointment. All oral medications can be taken. (No caffeine or sugar)
MRI	MRCP/Abdomen MRI: Nothing to eat six (6) hours before appointment. Take your usual medications. Clear liquids ok. (No caffine or sugar). No jewlery.

Outpatient Radiology

1st Floor – Medical Office Tower
ROUTINE: X-Ray, Ultrasound, Nuclear Medicine, CT Scan

Main Radiology

1st Floor – Hospital
X-Ray, Ultrasound, Nuclear Medicine, CT Scan,
Special Procedures



MemorialCare™
Saddleback Medical Center

24451 Health Center Dr.
Laguna Hills, CA 92653

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Imaging Requisition Services

Saddleback Medical Center
24451 Health Center Drive
Laguna Hills, CA 92653

Patients • Schedule Exam Call: (949) 452-3648 • Fax: (949) 452-3480

MD Offices • Schedule: Call: (949) 452-3132

Patient Name:	M	F	Date of Birth **(REQUIRED):**	Phone #:
Print Ordering Physician Name:				
PHYSICIAN SIGNATURE (REQUIRED):				Date **(REQUIRED):**
Physician Phone:			Physician Fax:	

☐ Call results STAT ☐ Fax results to ordering physician

Also send Results to:

CLINICAL HISTORY / INDICATION FOR EXAM (REQUIRED):

OTHER EXAM OR SPECIAL INSTRUCTIONS:

DIAGNOSTIC X-RAYS: ALL FLUOROSCOPIC EXAMS LISTED BELOW MUST BE SCHEDULED

FLUOROSCOPIC EXAMS

- ☐ Barium Enema
- ☐ Barium Enema w/Air Contrast
- ☐ Water Soluble Enema
- ☐ Esophagram w/ Speech Therapist
- ☐ Esophagram (routine)
- ☐ UGI
- ☐ UGI w/ Small Bowel Series
- ☐ Small Bowel Series Only
- ☐ Cystogram (non-voiding)
- ☐ Cystogram Voiding (routine)
- ☐ Hysterosalpingogram

ROUTINE/WALK-IN

- ☐ Abdomen (KUB)
- ☐ Abdomen 2 views
- ☐ Chest X-ray 2 View
- ☐ Chest X-ray 1 View
- ☐ Spine ☐ C ☐ T ☐ L
  - ☐ Limited
- ☐ Sinus Series
- ☐ Sinus, Water's View Only
- ☐ Ribs R L
- ☐ Hip R L (Includes Pelvis)
- ☐ Knee R L
- ☐ _____

ULTRASOUND EXAMS: ALL EXAMS MUST HAVE AN APPOINTMENT

- ☐ Abdomen
- ☐ Appendix
- ☐ Neck
- ☐ OB
- ☐ Pelvic
- ☐ Renal
- ☐ Scrotal
- ☐ Thyroid
- ☐ Paracentesis
- ☐ Thorocentesis R L
- ☐ Biopsy Thyroid R L
- ☐ Biopsy Liver
- ☐ Sonohysterogram
- ☐ Other (specify above)
- ☐ Carotids (NICE)
- ☐ Venous Upper Ext R L
- ☐ Venous Lower Ext R L
- ☐ Arterial Upper Ext R L
- ☐ Arterial Lower Ext R L
- ☐ Aorta

MR IMAGING: ALL EXAMS MUST HAVE AN APPOINTMENT

☐ **No IV Contrast** ☐ **With & Without IV Contrast** ☐ **MRA** ☐ **MRV**

- ☐ Brain
- ☐ Pituitary
- ☐ IAC
- ☐ Orbit
- ☐ Neck S.T.
- Spine ☐ C ☐ T ☐ L
- ☐ Hip R L
- ☐ Knee R L
- ☐ Ankle R L
- ☐ Foot/Toe R L
- ☐ Humerus R L
- ☐ Arthrogram R L
- ☐ Sacrum/Coccyx
- ☐ Brachial Plexus R L
- ☐ Shoulder R L
- ☐ Elbow R L
- ☐ Wrist R L
- ☐ Hand/Finger R L
- ☐ MRCP
- ☐ Abdomen
- ☐ Pelvis S.T.
- ☐ Bony Pelvis
- ☐ Chest
- ☐ Cardiac
- ☐ MRE
- ☐ Brain
- ☐ Carotid
- ☐ Runoff
- ☐ Defecography

CAT SCAN EXAMS: ALL EXAMS MUST HAVE AN APPOINTMENT

Contrast: ☐ **None** ☐ **Oral** ☐ **IV** ☐ **IV and Oral (See Prep instructions on back)**

- ☐ Brain
- ☐ Facial Bones
- ☐ Orbits
- ☐ Sinus
- ☐ Temporal Bones
- ☐ Abdomen (stops at umbilicus)
- ☐ Abdomen w/ Pelvis
- ☐ Chest/Abdomen/Pelvis
- ☐ Chest/Abdomen
- ☐ Chest Only
- ☐ Pelvis Only
- ☐ Neck for Soft Tissue
- ☐ Cervical Spine
- ☐ Thoracic Spine
- ☐ Lumbar Spine
- ☐ Urogram
- ☐ LDCT (Lung Screen) (Low Dose)
- ☐ **Biopsy (Please specify in special Instructions**

CT ANGIOGRAMS
(Only IV contrast needed)

- ☐ Abdomen CTA
- ☐ Abdomen w/Run off to legs
- ☐ CTA Cardiac
- ☐ Abd/Pel CTA
- ☐ Brain CTA
- ☐ Carotids CTA (neck)
- ☐ Chest CTA for PE
- ☐ Thoracic Aorta CTA
- ☐ Renal Artery CTA
- ☐ CTA Coronary/Artery

NUCLEAR MEDICINE EXAMS: ALL EXAMS NEED AN APPOINTMENT

- ☐ Myocardial Rest/Stress
- ☐ Myocardial Rest/with Pharmacological Stress
- ☐ MUGA
- ☐ Bone Scan routine
- ☐ Bone Scan Limited
- ☐ Bone Scan Triple Phase
- ☐ Gastric emptying
- ☐ Lung Scan (VQ)
- ☐ Cisternogram
- ☐ Cystogram
- ☐ Gallium
- ☐ HIDA Scan
  - ☐ W/PHARM (Injection FX)
  - ☐ W/O PHARM
- ☐ Indium (WBC)
- ☐ Ceretec WBC
- ☐ Liver/Spleen Scan
- ☐ Renal w/ Captopril
- ☐ Thyroid Uptake and Scan
- ☐ Renal
- ☐ Renal w/Lasix

PET/CT EXAM: ALL EXAMS MUST HAVE AN APPOINTMENT

☐ Skull base to thigh ☐ Whole body (Melanoma) ☐ Limited_____
(Specify Area)